



SHANTI GYAN NIKETAN SR. SEC. PUBLIC SCHOOL

SESSION: 2024 – 2025

HOLIDAY HOMEWORK

CLASS – VIII



Dear Parents,

Summer Vacation...!! The time when you are more candid and creative. It is synonymous with peace, rest, relaxation recreation, developing skills other than intellectual skills and following a healthy life style to keep you fit and sharp.

SGN has always been a motivating partner of growth and development in the lives of the students. Summer Holiday will not only enable them to summarize what was taught but will also help them to connect themselves to the various learning processes. So this summer holiday homework is aimed at sensitizing and creating awareness among Niketians towards the Theme of “Healthy Life Style”. We encourage the importance of maintaining good health and well being by adopting healthy Life Style early on to pave the way for happier, more full filling future.

Suggestions that will make your vacation more enjoyable:

- ✦ Drink plenty of juice and water to avoid dehydration.
- ✦ Have at least one meal together with your child and encourage home cooked and fresh food.
- ✦ “A healthy mind lives in a healthy body”. Encourage your child to go for a morning walk and spend some time doing yoga, exercise and meditation for mental & physical health.
- ✦ Perform weekend cleanliness task like- arranging the cupboard, sweeping the kitchen counter, watering the plants, making your own bed diligently.
- ✦ Read the newspaper daily.
- ✦ Try to encourage your child to converse in English with you siblings, friends and relatives, as it will improve their proficiency in this language. Read at least two books of your interest during the vacation.
- ✦ Holiday Homework is a part of subject enrichment and will be assessed on the basis of creativity and efforts of the students.

NOTE: As PT-I is scheduled from July 06, ensure them to prepare the syllabus well.

Summer vacation are starting from 16th May and the school will reopen on 1st July 2024

HAPPY HOLIDAYS

**Ms. Anubha Trivedi
(Incharge, Middle Wing)**

SUMMER HOLIDAY WORK
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CLASS VIII

ENGLISH:

- Revise the chapters of literature done so far.
- Write an article on the title " A Healthy Life is the Way to Strive" in 200 words.
- Memorabilia.....create 'Memorabilia' reflecting five memorable and treasured moments of your life. Use pictures and give relevant captions to them . Describe each moment in brief
- Do worksheets of 'Tenses' in grammar book.(Page no.235 & 236)
- Do Reading Comprehension Worksheet no. 5 & 6 in grammar book..
- Holiday H.W Booklet given in Worksheet to be covered.
- Do worksheet no. 16 & 17 'Test Your Vocabulary' given in Holiday Project Booklet.

MATHS:

- Learn tables from 9-20.
- Revise Ch.1,2,3 for Periodic Term- 1
- On an A3 sheet, draw 4 pie charts, each pie chart representing foods rich in
1)Carbohydrates 2)Proteins 3)Vitamin C 4)Iron
Now for each pie chart respectively, for eg: Carbohydrates- choose 4-5 food items that are rich in carbohydrates and divide the pie chart into sectors of different colours depending upon its quantity in the food items(highest quantity gets maximum area).
Do the same process with pie charts of other 3 nutrients and make a beautiful presentation on the A3 sheet. (You can also draw the picture or paste pictures of the food items in the pie charts).
- Prepare one large Rangoli on A-3 sheet using mathematical shapes, signs and symbols with colours of your choice).
- Do the given worksheets. (Tests based on the same will be held after holidays).

NOTE: Write your name on all the A-3 sheets and worksheets with class and section.

Keep your work done in a proper file which can be submitted in the time slot given to you for evaluation.

हिंदी

- प्रश्न:-1 पाँच-पाँच अनुस्वार और अनुनासिक वाले शब्दों को अपनी उत्तर पुस्तिका में लिखिए।
प्रश्न:-2 'योग करे निरोग ' विषय पर A4 साइज शीट पर नारा लेखन लिखिए।
प्रश्न:-3 भारत का मानचित्र A4 साइज शीट पर लगाइए और उसमें भारत के जिन प्रांतों में हिंदी बोली जाती है उनके नाम लिखिए तथा भारत के अन्य प्रांतों में बोली जाने वाली भाषा और उनकी लिपिया भी लिखिए।
प्रश्न:-4 वसंत पाठ 1 से 3, भारत की खोज पाठ 1,2 और व्याकरण कार्य याद करो।

SANSKRIT:

1. छात्र,बालिका,फल, शब्दरूपों तथा नम्,खाद्,पठ धातुओं को लट्,लृट् तथा लंग लकारों को अपनी संस्कृत टिप्पणी पुस्तिका में लिखें।
2. पाठों पर आधारित दी गई कार्यपत्रिकाओं (वर्कशीट) को हल कर अपनी संस्कृत टिप्पणी पुस्तिका में चिपकाएँ ।
3. क्रियाकलाप (एक्टिविटी) उत्तम स्वास्थ्य के लिए हमें किन - किन फलों व सब्जियों को खाना चाहिए उनके नाम संस्कृत व हिंदी में लिखते हुए A3 साइज शीट पर चित्र सहित एक चार्ट तैयार करें । (पेज न० 105 तथा 106 की सहायता से)

4. अपनी संस्कृत पाठ्य पुस्तक में पृष्ठ संख्या 70 पर दी गई कहानी का चित्र बनाएं या उसका प्रिंट आउट चिपकाकर , उसमें दी गई कहानी के रिक्त स्थानों को भरें। यह कहानी लेखन अपनी संस्कृत पुस्तिका में करें।

नोट:-इस एक्टिविटी कार्य के लिए 5 अंक निर्धारित हैं अतः कार्य शुद्ध व सुंदर बनाएं।

SCIENCE:

1. Revise lesson 2 (Microorganisms : Friend and Foe) and lesson 8 (Force and Pressure) for PA-1 exams.
2. Write a small report on various Healthy Lifestyle" including various scientific data, pictures, newspaper reports, etc. (4-5 pages only)
3. You have studied in lesson 2 about how Lactobacillus bacteria helps in the formation of curd. In your vacation learn how to set curd at home. Paste your picture with the curd and also write the steps that you followed for making the curd.
4. **Do the following strictly as per your roll number only:**
 - a) Roll no. 1-10 Make eco-planters.
 - b) Roll no. 11-20 Make posters (A3 size) or chart on climate change, global warming, pollution or loss of biodiversity (any one).
 - c) Roll no. 21-30 Make a shoe box habitat
 - d) Roll no. 31- last Make a small video on protection against lightning and earthquakes. (2-3 min)

Note: Do all the work in a separate notebook or in a file which can only be submitted on a date provided for evaluation after summer holidays.

SOCIAL SCIENCE:

1. Prepare a Project on the life of Tribal Community before & during British rule. (Refer CH-4 of History)
2. Write an Article on the 'Conservation of Natural Vegetation & Wild life. 'Paste suitable pictures.
3. On the political map of India, mark & label the areas affected under the Revenue collection system introduced by the British. (Refer CH-3 of History)
4. Slogan Writing-On A4 size sheet write a slogan or make a poster on Sulabh Campaign. (Refer CH-7 of Civics:-Untouchability)
5. Learn the chapters covered so far.
6. Update your Registers.

Note:- All work should be done in a coloured scrap file.

COMPUTER:

- Surf the Internet and find out some popular Robots and make a PowerPoint presentation on them. Describing their name, features, photo and uses. (min.10 slides and max.15 slides)

OR

Make PowerPoint presentation on Augmented Reality and Virtual Reality. Mentioning uses, apps etc. (min. 10 slides and max.15 slides)

- Design a cover for your computer holiday home work cover in Microsoft Word.

Note: Take printout (coloured/black & white) of your work and paste it on a file and present it nicely.

GENERAL KNOWLEDGE:

1. Write 10 current affairs by using the pictures.
2. Paste the pictures of seven wonders.
3. Collect the pictures and write information about the women who are first in their field in India.

Note: Do all the work in separate file.

ART & CRAFT:

1. Make a beautiful painting on Canvas board (size 10"x12") using Acrylic colour
Or
Make a painting on Project sheet/ Glass using Glass colours and get it framed.
NOTE: Don't make painting of God/Goddess.
2. Using Poster Colours make a poster (on full-size Ivory sheet) according to your section on the topic given below :
8 A- Health and Hygiene 8 B - National youth day 8 C- World Student day
8 D- World Energy day 8 E- Pollution: Ways to tackle it

PHYSICAL EDUCATION & YOGA:

- Do *Surya Namaskar* on daily basis and make a chart showing all postures.
- Exercise
- Make a project on your favourite sports star.

MUSIC & DANCE:

1. Learn five 'सरगम'
2. Learn Patriotic song : कदम कदम बढ़ाए जा....
3. Learn the lyrics of School song:
4. Learn हनुमान चालीसा
5. English prayer: A gift to God....

Enjoy your vacation and stay healthy.