

**SHANTI GYAN NIKETAN SR. SEC. PUBLIC SCHOOL**  
**SESSION: 2023 - 24**  
**SUMMER HOLIDAY HOMEWORK**

Dear Parents,

*Summer Vacation.....!!!*

It is one perfect time for your ward to relax, introspect and rejuvenate. It's the time to seek out ways to make their passion come alive. We at SGN firmly believe in moulding our young learners to become active and responsible citizens of tomorrow.

Summer time is fun time. Children must have started making plans to visit their grandparents and relatives. It will be great if the children spend some time with them and gift them something that is handmade and designed by the children only which will surely make them feel special.

The Holiday Homework has been framed by keeping in mind the individual needs of the child and based on the Theme of "Water is our life".

For the next one and a half months, you, their natural guardian will spend the vacation with them. Let's share some tips to make this period a fruitful and happy period.

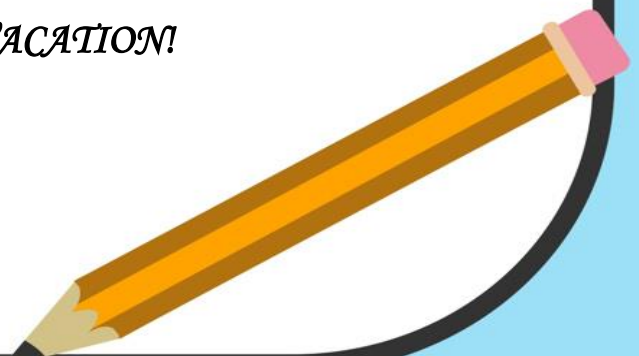
- ✚ Have at least two meals together with your ward. Ask them not to waste their food.
- ✚ "A healthy mind lives in a healthy body". Encourage your child to go for a morning walk and play in the park in the evenings during the long summer break.
- ✚ Encourage them to join some activity classes or learn something new during their holidays. They should spend some time reading storybooks, newspapers, watching interesting and informative programmes.
- ✚ Allow them to help you in cooking. Let them make their own vegetable and fruit salad.
- ✚ They should be persuaded to help you by cleaning up their room & arranging their cupboard and to donate things that they do not need to an NGO.
- ✚ Gently cheer your child to raise a kitchen garden by planting seeds. Knowledge about plants and trees are integral part of your child's growing up.
- ✚ Try to find time to take your ward to museums and monuments.
- ✚ Motivate your ward to write a short story, paragraph, poem or a little report about some amusing experience or a memorable moment along with pictures. These will be published in the news letter during the year.
- ✚ Share stories about your childhood and your family history.

**NOTE: As PT-I is scheduled from July 17, ensure them to prepare the syllabus well.**

*Summer vacation are starting from 16<sup>th</sup> May and the school will reopen on 3<sup>rd</sup> July 2023*

***HAVE A FUN FILLED VACATION!***

**Ms. Anubha Trivedi**  
**(Incharge, Middle Wing)**



**SUMMER HOLIDAY WORK**  
**SESSION 2023-2024**  
**CLASS VII**

**ENGLISH:**

- Write an Article on 'Significance of Water' in about 150 words. In concluding paragraph mention some preventive measures to stop the wastage of water. (Do in fair register)
- Do **vocabulary and Fun with Words** exercises given in Holiday Project at the back of Evergreen Practice Papers-7 (page numbers 20-24). Solve with colour pencils/pens.
- Read and solve Comprehension Worksheets 1 to 5 given in Evergreen Practice Papers-7.
- Learn and recite any one poem of your Reader book (Focus-7).
- Read chapter 'The Prince Who Loved Books' and write a short story in your words in about 150 words. (Do in fair register)
- Revise the syllabus covered so far to prepare for P.A. 1. Exam.
- Read any English story book. Select 20 verbs from it and learn three forms of these verbs.

**MATHS:**

- Learn tables from 2 to 15.
- Revise chapter 1 and 2 including Examples and Try these for periodic assessment.
- Make a project on symmetry as per following points  
1st page - your particulars and name of project.  
2nd page - Draw any 6 regular polygons and also draw their lines of symmetry.  
3rd Page - Make a pattern using punching holes. ( PUNCH GAME OF SYMMETRY)  
4th page - Draw any figure related to rotational symmetry (You can Take help from page number 192 of your book.)
- Paste pictures of following objects and write the water content(in percentage)  
a) Watermelon                      b) Musk Melon                      c) Orange  
d) Cucumber                      e) Tomato  
Also convert the percentage into fractions and in their lowest form and then into decimals (Do this activity on A3 sheet.)

**हिंदी**

- वसंत : कक्षा में करवाए गए पाठों को याद कीजिए ।
- बाल महाभारत : पाठ -3 से 6 का पठन कर, कठिन शब्दों का श्रुतलेख के माध्यम से अभ्यास कीजिए ।
- 'जल ही जीवन है ' विषय पर (80 से 100 शब्दों में) सुंदर व आकर्षक ढंग से अपनी पुस्तिका में एक अनुच्छेद लिखिए ।
- परियोजना कार्य : 'भारत के विभिन्न राज्यों के प्रसिद्ध व्यंजन ' विषय पर चित्र चिपकाकर या बनाकर एक प्रोजेक्ट तैयार कीजिए ।

**संस्कृत**

- बालक, लता, फल शब्दरूपों तथा 1-25 संस्कृत संख्या को अपनी टिप्पणी-पुस्तिका में लिखें।

- पढ़ाए गए पाठों पर आधारित दी गई कार्यपत्रिकाओं (worksheet) को हल कर अपनी संस्कृत टिप्पणी में चिपकाएं।
- अपने घर में जल के प्रयोग से होने वाले किन्हीं पाँच कार्यों पर संस्कृत भाषा में 5 वाक्य चित्र सहित बनाएं। इस कार्य को अपनी संस्कृत टिप्पणी पुस्तिका में ही करें।
- क्रियाकलाप (एक्टिविटी) :-

किन्हीं 10 अकारान्त पुल्लिंग शब्दों को चित्र सहित लिखें। (रोल न०1 से 10)

किन्हीं 10 अकारान्त स्त्रीलिंग शब्दों को चित्र सहित लिखें। (रोल न० 11-20)

किन्हीं 10 अकारान्त नपुंसकलिंग शब्दों को चित्र सहित लिखें। (रोल न० 21-30)

किन्हीं 10 फलों के नाम संस्कृत में चित्र सहित लिखें। (रोल न० 31- 42)

**नोट:- यह एक्टिविटी कार्य चित्रों के साथ A3 साईज शीट\_ पर करना है। इस क्रियाकलाप के लिए 5 अंक\_ निर्धारित हैं।**

### SCIENCE:

- Write a slogan on A- 3/ A-4 size sheet on topic mentioned according to your roll no.
  - a) Health and Hygiene ( Roll no .1 to 10)
  - b) Methods of Public sanitation and hygiene ( Roll no.11 to 20)Make a poster A- 3/ A-4 size sheet on topic mentioned according to your roll no.
  - c) Waste water Management ( Roll no. 21 to 30)
  - d) Water conservation (Roll no.31 onwards)
- Make a project based on Lesson:"Waste water story". Your project must include pictures, graphs, demographic data related to public sanitation and diseases, sewage water treatment plants, problems relating to manual scavenging, etc.
- Read, revise and learn thoroughly Lessons 1 and 2 for PT - 1.

**Note : Do all the work in a separate notebook or file .**

### SOCIAL SCIENCE:

- Make a poster on A- 3/ A-4 size sheet on the topic mentioned according to your roll no.
  - a) Water Cycle ( Roll no .1 to 20)
  - b) Water Pollution ( Roll no.21to 42)
- Make a project based on The Regional Kingdom of the North India, The Deccan and The South India during the Medieval period. Paste related pics also. ( Refer History Ch 2)
- Read, revise and learn thoroughly the syllabus of PT - 1.

**Note : Do all the work in a separate notebook or file .**

### COMPUTER:

- Make a PowerPoint Presentation on Number Systems (Binary, Octal, Decimal and Hexadecimal Number System) and by ten examples show how you can convert Binary into Decimal and Decimal into Binary. (min. 8 slides and max. 10 slides)
- Collect data (name, height, weight, date of birth and age) of your friends and family members. Present it on Microsoft Excel. Sort data with following criteria (conditions) as
  - ❖ height in ascending order

- ❖ weight in descending order
- ❖ name in ascending order
- ❖ age in descending order
- ❖ and take printout of each criteria.

**Note: Take printout (coloured/black & white) of your work and paste it on a file and present it nicely.**

### GENERAL KNOWLEDGE:

- With the help of Q. R code given at the bottom of every chapter, write 5 additional information of chapter 1 to chapter 10 in your G. k notebook.
- Read the P. D. F of current affairs shown in your respective class group. Pen down at least 10 important current news in your G.K notebook.
- Make a habit of seeing the news daily/reading news paper to keep current affair updated.

### ART & CRAFT:

- Make a beautiful vase from paper mache and decorate it using sequence, different shape mirror & Acrylic colour.
- Using Poster Colours make a painting ( on full-size Ivory sheet) according to your section on the topic given below:

7A- Janmashtmi                      7B- Diwali                      7C- Christmas  
7D- Teacher's day                      7E- Matr - Pitr divas

**NOTE: Don't write any matter over this painting.**

### PHYSICAL EDUCATION:

- Student is supposed to choose any one of the following game of his/her choice and must be familiar with the game opted by him/her.
  1. Basket ball   2. Volley ball   3. Hand ball   4. Football   5. Lawn tennis   6. Skating
  7. Taekwondo   8. Athletics      9. Badminton   10. Yoga   11. Netball   12. Table Tennis
  - Importance of sports in student's life. (100 words)
  - Number of players in the game.
  - Dimensions of the court/field.
- Practice Suryanamaskar daily.
- Paste pictures of all postures of suryanamaskar. Write one benefit of each posture.
- Watch Movies: Chak de India or Dangal and write the value/lesson learnt from the movie.

**Note: Students must cover all the above points in his/her sports file.**

### MUSIC & DANCE:

- Prepare one patriotic Dance and Song for Independence Day  
OR Prepare one Dance and Bhajan on the theme of Janamashtmi.
- Revise all the “Sargams”.

- Learn lyrics of English Prayer “Make me Channel of Your Peace” and Hindi Prayer “Subah Savere”.
- On a A3 size sheet paste photos of 5 famous dancers and name them and their dance form..